



Remaining effective - the 7 Habits: Part 1

3 external CPD points

Learning and discussion – 2.5 hour interactive webinar session

The Covey Principles have been tested globally for a number of years to help professionals develop themselves within and outside of their organisations. This webinar focuses on applying Habits 1-4

- Habits 1,2,3,4
 - Be proactive – 1st habit
 - Begin with the end in mind(planning) – 2nd habit
 - Put first things first (managing your time) – 3rd habit
 - Think win-win – (influencing) 4th habit

- A 10-15 minute Q&A session (unrecorded) to deal with personal issues and challenges

5 mins	<ul style="list-style-type: none"> • Aims and objectives • Timings – Process: Think-Do-Share • Introductions
25 mins	<ul style="list-style-type: none"> • The maturity continuum • Habit 1: Be Proactive – 1st habit • Principles and values • Choice
15 mins	<ul style="list-style-type: none"> • Habit 2: Begin with the end in mind – 2nd habit • Short term crisis and longer term planning. Is this possible in the current climate?
30 mins	<ul style="list-style-type: none"> • Habit 3: Put first things first – 3rd habit Urgent tasks versus important activities: Managing to be prepared for Quadrant 1
15 mins	<ul style="list-style-type: none"> • Coffee
45 mins	<ul style="list-style-type: none"> • Habit 4 – Think win-win – 4th habit Courage and Consideration
10 mins	<ul style="list-style-type: none"> • Q & A
5 mins	<ul style="list-style-type: none"> • Action plan and what next?

To book or enquire about this programme please contact us

t: 01189 036363

e: info@miadhealthcare.com

w: www.miadhealthcare.com