



# Mentoring and Coaching Webinar

**3** external CPD points

## Introduction

By the end of this live webinar you will understand a great deal more about the various roles and responsibilities of the mentor, supervisor and coach, and the differences between these. This course is also highly practical and interactive as you will explore different coaching and mentoring skills and when/how to apply these with your trainees.

## Course structure

- **2.5 hour webinar**

## Webinar objectives

- Understand the purpose/responsibilities of mentor, supervisor and coach roles
- Identify the differences/similarities between the roles, and when to employ each
- Review the nature of the coaching and mentoring relationships
- Examine key coaching and mentoring skills
- Practice the skills using the GROW model
- Explore different coaching styles and when to apply them
- Discuss career development issues relating to mentoring